

Ama Yangri 2 days



Trek Information

Duration	2 days
Difficulty	Low
Region	Langtang Region
Highest Altitude	3711.0 m
Group Size	2-10
Season	Spring and Autumn
Individual Cost	\$0.00

Description

About the Destination

The **Langtang Region Trek** offers a perfect blend of Himalayan scenery, rich Tamang culture, and serene mountain landscapes, just north of Kathmandu. Trek through lush forests, traditional villages, and alpine valleys with stunning views of Langtang Lirung, making it an ideal trek for those seeking natural beauty and cultural depth in a shorter timeframe.

Trip Overview

Near Kathmandu Valley, Ama Yangri offers a majestic scenic viewpoint. And to get there from a viewpoint, it offers a short trek, which is usually of 2 days, making it one of the best short treks. The Ama Yangri trek for 2 days provides an opportunity to experience the short trek along with the trekking features in a short duration.

The journey to Ama Yangri offers an incredible landscape, spectacular nature, and tranquil forests. It is one of the treks that offers an experience equal to what a longer duration trek offers, being near the Kathmandu Valley, the capital of Nepal.

It approximately covers a distance of about 90 km, covering multiple villages, a rich culture, a scenic trail, and a homestay culture. The route also passes through different monasteries, gumpa, and prayer-flag-filled trails. It also offers a spiritual journey in the sense of what a traveler seeks in a nature journey with spiritual aspects.

More often, it is popular for its scenic offering, which covers the panoramic mountain view, including the Lantang, Ganesh Himal, and other peaks. Also, the journey on hilly trails makes it a bucket list for many travel enthusiasts and trekkers, who are short on their vacation duration and still seek to experience the Himalayan journey in a short period of time.

So, this 2-day package for Ama Yangri is properly managed to cover such rich features. It is properly managed and is a well-organized trekking package to make your journey comfortable and rewarding.

Trip Highlights

- Stunning trail with scenic journey
- Panoramic view of snow-capped mountain views, which include Langtang, Ganesh Himal, etc.
- Rich Cultural experience of the local Tammang community
- Spiritual significance during the journey
- Experience equal to what a longer trek consists of in a shorter duration
- Taste of different local cuisines and dishes

Detailed Itinerary

Drive from Kathmandu to Takegyang

Your itinerary of Ama Yangri 2 days starts with your drive from Kathmandu to Taakegyang. Early in the morning, you will get a private transport that picks you up and drives you to Takegyang. The road trip offers you a scenic drive through the mid-hill terrain. The drive will pass through the lush hills, rivers, and small villages with terraced farms. You will get a glimpse of a typical Nepali hilly lifestyle. The journey is itself a road trip experience in Nepal. In about 4 to 5 hours of driving from Kathmandu, you will arrive at Timbu. It is the beginning spot of this trek. From there, and having a small break, the journey continues with a short trek to Takegyang. This short hike offers you the lush forest, rhododendron trees, and sub-alpine pine forest all along the way. It also passes through Hyolmo village. There, you can witness the lifestyle of local people and the traditional lifestyle. The route is also filled with prayer flags and some small monasteries. It will give you a spiritual experience. With some gradual and light ascent, you will take Tekegyang in the late afternoon. You will see a beautiful village sitting between the scenic landscapes of hills and mountains. After you check in to your teahouse, you can further roam around the traditional village of Takegyang. You can interact with logical people to know more about their lifestyle and traditions. Your overnight stay will be at the teahouse in Takegyang.

Trek to Yama Yangri and Return to Kathmandu

On this day, you will be having a trek up to the Ama Yangri peak. So, early in the morning, you will get your breakfast and start the hike towards Yangri. The trail begins with a steady climb through the dense forest, along with the dawn scenery of high hill landscapes. The goal for today's hike will be to catch the morning sunrise, which can be seen from the top viewpoint. It is also one of the closest and highest viewpoints near Kathmandu. Ama Yangri is also a sacred hill for local people and Buddhist followers. So, you will see prayer flags throughout your journey. It will leave you with a spiritual impression. After reaching the summit, you will get to enjoy the stunning sunrise rising from the snow-capped mountain peaks. It is considered one of the best sunrise experiences in Nepal. With an altitude of about 3711m above sea level, it provides you with a panoramic view covering breathtaking peaks and hilly landscapes. The view of the Himalayan range includes Langtang, Ganesh Himal, and the following peaks. Spending some time and having moments as well, taking some photographs for memories, we will descend back to Takegyang. The downhill hike also offers you the experience of a typical hilly journey of Nepal, covering both the ascent and descent routes in a single day. Upon your arrival in Takegyang, you will get your driver waiting for you. After some rest in the village, you will get your drive, which will take you back to Kathmandu.

What's Included

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What's Not Included

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Equipment & Packing List

Best Time for Ama Yangri

The best time for the Ama Yangri Trek is during the Spring and autumn seasons. During this season, you will get the flourishing beauty of Ama Yangri as well as clear visibility to enjoy the views. It is also considered best as it is the most chosen and picked season by trekkers and travelers.

Spring

In Spring, the landscapes of Nepal gain blossoming beauty, so do the hills of Ama Yangri. You will get a scenic journey, and the weather will be stable. Visibility will get better, which will offer you proper scenic joy. Also, due to the pre-monsoon rain, you will get a refreshing journey and lush greenery. So, during the time of spring, you will get a refreshing scenic journey in Ama Yangri.

Autumn

And during the season of Autumn, you will get to enjoy the mesmerizing journey. The trails will get colorful with the dry leaves. The visibility will be finest with the most stable weather of the year. It makes the journey more picturesque. So, during the season Autumn, you will get a mesmerizing journey as well as picturesque trails.

Accommodation, Food, and Drinks

Ama Yangri Trek is a short-duration trek. It takes about 2 days to complete. So accommodation, foods and drinks are what come into management. You will get all the basic logistics covered during the trip.

The food menu will mostly include the local cuisines such as Dal Bhat Tarkari, momo, chaumein, noodles, and other dishes. It is an authentic experience in itself to get the chance to taste the local cuisines in their original land.

Accommodation will be managed in a teahouse, which is a popular culture for overnight stay in trekking regions. You will get comfortable rooms with basic services as well as some modern services included, like wifi, hot water, etc.

All the basic logistics will be covered. But any expenses which are not part of this package or which come out of personal interest will not be covered or excluded. It includes services such as Bar, beverages, desserts, sweets, or any other services that are not part of this package. You can see the cost section for further detailed costs.

For transportation, you will get a private vehicle during your transfer from Kathmandu to Takegyang. The exclusive service is part of this package.

Conclusion

Ama Yangri Trek is a short trekking experience with a total of 2-day itinerary. In such a short duration journey, it provides you with an immersive journey equal to what you expect from longer treks. It covers the terrains, scenery, lush forests, cultural immersion, and spiritual connection.

With such an exclusive experience, you will get a stunning sunrise from an altitude of 3771m. It adds more flavour to the journey for Ama Yangri. The teahouse experience in such a shorter journey is also an amazing feature to have.

So, the travelers who seek to have a trekking journey when they are limited by time or as a weekend refreshment, Ama Yangri stands as a milestone choice for them.

Pricing

Group Size	Price per Person (USD)
Individual	\$0.0

Frequently Asked Questions

Q: What is the duration of the Ama Yangri Trek?

A: The duration of the Ama Yangri Trek takes 2 to 3 days to complete. Being near Kathmandu and with such a short duration journey, it offers significant trekking features.

Q: What is the altitude of Ama Yangri Peak?

A: The altitude of Ama Yangri Peak is about 3 from the sea level. The journey covers an altitude of 1400m from Kathmandu to the highest point of Ama Yangri.

Q: What is the difficulty level of the Ama Yangri Trek?

A: Ama Yangri Trek is considered to be moderate in nature. With a gradual ascent, a shorter journey, and an easier hike make it moderate. It also depends upon your experience, the ability to trek, and the pace of walking.

Q: Is it suitable for beginners?

A: Yes, the Ama Yangri Trek is suitable for beginners. It is even more recommended for beginner trekkers who want to enjoy and collect some experience before a longer trekking journey. With easy access, short climbs, and moderate walking, it is suitable for beginners.

Q: What is the total distance of this trek to cover?

A: Except for the drive up to Takegynag, the trail covers about a 90 km hike. It takes 2 days to properly cover with an enjoyable space.